

QUADRUS EXPRESS

SOUPS & SALADS

Q Soup Or Chili \$5.00

ADD THE FOLLOWING:

Grilled Breast of Chicken \$3.00
Grilled or Blackened Salmon \$5.00
Yellow Tail \$5.00
Grilled Prawns \$3.50
Tofu \$3.50

Q GREEN SALAD Half=\$5.00 \$7.50
Mixed Greens & Veggies

CAFÉ CAESAR SALAD Half=\$6.00 \$9.25

CHICKEN SALAD Half=\$6.50 \$10.75
Field Greens, Crispy Pecans, Apples,
Currants & Blue Cheese

TOSTADA SALAD \$11.95
Romaine, Grilled Chicken, Rice, Pinto
Beans & Tomato in a Spicy Ranch Dressing

MANDARIN GRILLED PRAWN SALAD \$12.75
Butterleaf, Edamame, Red Bell Peppers,
Mandarin Oranges, Corn, Cashews, Green
Onions, Cilantro & Rice Noodles

GREEK QUINOA SALAD \$10.25
With Romaine, Chickpeas, Tomatoes,
Cucumber, Red Bell Pepper, Artichoke
Hearts & Feta in a Lemon-Thyme Dressing

SOUTHWESTERN CHICKEN SALAD \$11.25
Roasted Chicken, Mixed Greens, Corn,
Black Beans, Avocado, Quesa Fresca,
Salsa, & Tortillas in a Cilantro Lime
Vinaigrette

BROWN DERBY COBB SALAD \$11.95
Butterleaf, Watercress, Avocado,
Tomatoes, Bacon, Eggs & Turkey with
Cobb Dressing

NEW CHOPPED VEGGIE SALAD \$9.95
Baby Spinach, Snow Peas, Asparagus,
Carrots, Garbanzos, Broccoli, Tomatoes,
Avocado, Edamame & Bl. Cheese Dressing

YELLOWTAIL NICOISE \$14.95
With a twist on the classic salad...
Chopped Cucumbers, Cannellini &
Garbanzo Beans, Tomatoes & Cilantro
tossed on a bed of Spinach & Arugula with
Green Beans

PASTAS & ENTREES

WHOLE WHEAT FETTUCCINE \$9.75
Housemade noodles with Edamame,
Portobellos, Bok Choy, Shallots, Diced
Carrots & Asparagus in a Vegetable Broth

CHIPOTLE CHICKEN PENNE \$10.75
With Tomatoes & Mushrooms

Or Grilled Prawns \$12.75

ANGEL HAIR \$9.95
Tomatoes, Basil, Garlic & Virgin Olive Oil

Add Italian Sausage or Chicken \$13.00

CHICKEN ENCHILADAS \$10.75
With Rice & Refried Beans

CHICKEN STIR-FRY \$10.25
With Vegetables & Basmati Rice

Substitute Prawns Or Tofu \$12.75

FLANK or CHICKEN CHIMICHURRI \$12.95
Served over Rice with Tomatoes & Spinach

FRESH FISH OF THE DAY \$14.95
Salmon with Veggies & Rice (or Q Salad)

ROASTED CHICKEN \$12.50
Served over our Mixed Greens Salad with
Roasted Beets, Goat Cheese & Lemon-
Thyme Vinaigrette

JOOJEH (Persian Chicken) KABOBS \$13.95
With Vegetables & Hummus

PROTEIN, PROTEIN, PROTEIN \$14.50
Grilled Chicken & Salmon, Cottage Cheese,
Nuts and Fruit Salad

PRAWN SOFT TACOS \$8.95
Served with a Napa Cabbage Salad

QUADRUS EXPRESS

PIZZAS

JUAN'S	\$9.75
Avocados, Ham, Tomatoes, Jack Cheese, Hot Sauce, Pepperoni, Mushrooms/Onions	
MARGHERITA	\$9.25
Basil, Tomato & Mozzarella Cheese	
VEGGIE	\$9.75
Mushrooms, Caramelized Onions, Artichoke Hearts & Feta Cheese	
SLICE OF THE DAY	\$3.25
Served with Caesar or Soup \$7.00	

SANDWICHES

SIRLOIN BURGER	\$8.25
Add Swiss, Pepper Jack, Cheddar \$7.75	
Add Caramelized Onions \$5.00	
Add Sauteed Mushrooms \$1.00	
VEGGIE BURGER	\$7.75
With Avocado, Tomato & Lettuce	
Add Swiss, Pepper Jack or Cheddar \$8.50	
SPICY THAI SANDWICH	\$8.95
<i>* ABOVE SERVED WITH FRESH CUT POTATO FRIES, SWEET POTATO FRIES OR FRUIT *</i>	
CHICKEN OR PORTOBELLO PANINI	\$8.50
With Roasted Red Bell Peppers on Fresh- Baked Focaccia with a Side Green Salad	
<i>* BELOW SERVED WITH Q CHIPS OR FRUIT *</i>	
GRILLED CHICKEN	\$7.75
Add Melted Cheddar & Jalapenos \$8.50	
CHICKEN SALAD	\$8.50
Grapes, Almonds & Celery on Sourdough	
EGG SALAD SANDWICH	\$7.65
With Arugula & Fresh-Baked Focaccia with Tarragon & Sun-Dried Tomatoes	
PESTO CHICKEN WRAP	\$7.95

SANDWICHES - continued

MEDITERRANEAN VEGGIE PANINI WRAP	\$7.95
With Eggplant, Red Bell Pepper, Spinach, Zucchini, Carrots, Hummus & Feta Cheese, Grilled in a Whole Wheat Tortilla	

\$.75 FOR CHEESE ON SANDWICHES BELOW

THE JENNIFER	\$6.50
Mixed Greens, Avocado, Cucumbers, Tomatoes, Red Onion, Lettuce & Dill Cream Cheese	
BACON, LETTUCE & TOMATO	\$5.95
SMOKED HAM *	\$5.75
BREAST OF TURKEY *	\$5.75
AVOCADO & CHEESE *	\$5.95
TUNA *	\$5.50
* LIGHT LUNCH OPTION	\$5.95
With Half-Sandwich & Soup (Or Q Salad)	

DESSERTS

BRE'S DELIGHT	please ask server
CAFÉ SIZE COOKIE	\$2.00
SORBET	\$4.00

BEVERAGES

Mineral Waters (<i>Plain or Lime</i>)	\$1.75
Soft Drinks:	\$1.75
<i>Coke, Diet Coke, 7-Up, Diet 7-Up, Pepsi, Diet Pepsi</i>	
Martinelli's Apple Juice (<i>Plain or Sparkle</i>)	\$2.15
Fresh Orange	\$2.75
Peet's Blend Coffee	\$1.35
Hot Tea (<i>Assorted Flavors</i>)	\$1.75
Ghirardelli Hot Cocoa	\$2.75
Peet's Blend Specialty Coffees:	
<i>Cappuccino</i> \$2.75	
<i>Espresso</i> \$2.25	
<i>Latte or Mocha</i> \$3.00	
Apricot Iced Tea	\$1.75
Arnold Palmer	\$2.25
Lemonade	\$2.25