

# QUADRUS EXPRESS

## SOUPS & SALADS

Café Quadrus soup of the Day		\$5.00
Or Quadrus Vegetable Chili		
<b>GREEN SALAD</b>	Small	\$5.00
Mixed Greens & Veggies	Large	\$7.50
<b>TOSTADA SALAD</b>		\$11.25
Romaine, Grilled Chicken, Rice, Pinto Beans & Tomato in a Spicy Ranch Dressing		
<b>CHINESE CHICKEN SALAD</b>	HALF=\$6	\$9.95
Shredded Romaine, Crispy Wontons & a Spicy Asian Dressing		
<b>CAFÉ CAESAR SALAD</b>	HALF=\$6	\$9.25
Add Grilled Breast of Chicken		\$11.25
Add Grilled Salmon		\$12.75
Add Blackened Salmon		\$12.75
Add Grilled Prawns		\$12.75
<b>CHICKEN SALAD</b>	HALF=\$6	\$10.75
Field Greens, Crispy Pecans, Apples, Currants & Blue Cheese		
<b>GREEK SPINACH SALAD</b>		\$9.50
Kalamata Olives, Cucumbers, Roma Tomatoes, Artichoke Hearts, Feta Cheese & Lemon-Thyme Vinaigrette		
Add Grilled Chicken Kabob		\$11.50
<b>SOUTHWESTERN CHICKEN SALAD</b>		\$11.25
Roasted Chicken, Mixed Greens, Corn, Black Beans, Avocado, Quesa Fresca, Salsa, & Tortillas in a Cilantro Lime Vinaigrette		
<b>BROWN DERBY COBB SALAD</b>		\$11.95
Butterleaf, Watercress, Avocado, Tomatoes, Bacon, Eggs & Turkey with Cobb Dressing		
<b>NEW CHOPPED VEGGIE SALAD</b>		\$9.95
Baby Spinach, Snow Peas, Asparagus, Carrots, Garbanzos, Broccoli, Tomatoes, Avocado, Edamame & Bl. Cheese Dressing		
Add Grilled Breast of Chicken		\$11.25
Add Grilled Salmon		\$13.95
Add Grilled Prawns		\$12.75

## PASTAS & ENTREES

<b>WHOLE WHEAT FETTUCCINE</b>		\$9.75
Housemade noodles with Edamame, Portobellos, Bok Choy, Shallots, Diced Carrots & Asparagus in a Vegetable Broth		
Add Chicken		\$10.75
Or Prawns		\$11.75
<b>CHIPOTLE CHICKEN PENNE</b>		\$10.75
With Tomatoes & Mushrooms		
Or Grilled Prawns		\$12.75
<b>CHICKEN PENNE</b>		\$10.75
With Spinach in a Light Cream Sauce		
<b>ANGEL HAIR</b>		\$9.25
Tomatoes, Basil, Garlic & Virgin Olive Oil		
Add Italian Sausage or Chicken		\$11.75
<b>CHICKEN STIR-FRY</b>		\$10.25
With Vegetables & Basmati Rice		\$10.25
Or Prawns		\$12.75
Or Tofu		\$12.75
<b>BEEF FAJITAS</b>		\$11.75
With Bell Peppers & Red Onions, served with Rice, Guacamole & Salsa		
<b>GRILLED MARINATED FLANK STEAK</b>		\$12.95
With Mushrooms, Salad & Bl. Cheese		
<b>FRESH FISH OF THE DAY</b>		\$13.95
Salmon with Veggies & Rice (or Salad)		
Or Special Catch		\$16.95
<b>ROASTED CHICKEN</b>		\$12.50
Served over our Mixed Greens Salad with Roasted Beets, Goat Cheese & Lemon-Thyme Vinaigrette		
<b>JOOJEH (Persian Chicken) KABOBS</b>		\$12.95
With Vegetables & Hummus		
<b>PROTEIN, PROTEIN, PROTEIN</b>		\$14.50
Grilled Chicken & Salmon, Cottage Cheese, Nuts and Fruit Salad		

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## PIZZAS

<b>JUAN'S</b>	\$8.75
Avocados, Ham, Tomatoes, Jack Cheese, Hot Sauce, Pepperoni, Mushrooms/Onions	
<b>MARGARITA</b>	\$8.25
Basil, Tomato & Mozzarella Cheese	
<b>VEGGIE</b>	\$8.75
Mushrooms, Caramelized Onions, Artichoke Hearts & Feta Cheese	
<b>KIM'S</b>	\$10.75
Caramelized Onions, Pancetta & Goat Cheese & served with Mixed Greens Salad	
<b>SLICE OF THE DAY</b>	\$3.25
Served with Caesar or Soup \$7.00	

## SANDWICHES

<b>SIRLOIN BURGER *</b>	\$8.25
Add Swiss, Pepper Jack, Cheddar \$ .75	
Add Caramelized Onions \$ .50	
Add Sauteed Mushrooms \$1.00	
<b>VEGGIE BURGER *</b>	\$7.75
With Avocado, Tomato & Lettuce, served with Quadrus French Fries or Fruit Salad (Add Swiss, Pepper Jack, Cheddar) \$8.50	
<b>*SERVED WITH FRESH-CUT POTATO FRIES, SWEET POTATO FRIES OR FRUIT</b>	
<b>SPICY THAI SANDWICH</b>	\$8.95
Sliced Steak, Pickled Carrots, Mint & Basil	
<b>GRILLED CHICKEN</b>	\$7.75
House-baked Bun with Side of Fruit Add Melted Cheddar & Jalapenos \$8.50	
<b>CHICKEN SALAD</b>	\$8.00
Grapes, Almonds & Celery on Sourdough	
<b>TOMATILLO CHICKEN SOFT TACOS</b>	\$7.95
With House-Made Tortilla Chips, Salsa & Guacamole	
<b>PESTO CHICKEN PANINI</b> With Fruit	\$7.95

## SANDWICHES - continued

<b>PESTO PORTOBELLO PANINI</b> With Fruit	\$7.50
<b>MEDITERRANEAN VEGGIE PANINI WRAP</b>	\$7.95
With Eggplant, Red Bell Pepper, Spinach, Zucchini, Carrots, Hummus & Feta Cheese, Grilled in a Whole Wheat Tortilla	
<b>\$.75 FOR CHEESE ON SANDWICHES BELOW</b>	
<i>(all served with Q Chips or Fruit salad)</i>	
<b>THE JENNIFER</b>	\$6.50
Sprouts, Avocado, Cucumbers, Tomatoes, Red Onion, Lettuce & Dill Cream Cheese	
<b>BACON, LETTUCE &amp; TOMATO</b>	\$5.95
<b>SMOKED HAM</b>	\$5.75
<b>BREAST OF TURKEY</b>	\$5.75
<b>AVOCADO &amp; CHEESE</b>	\$5.95
<b>TUNA</b>	\$5.50

## DESSERTS

<b>DESSERT OF THE DAY</b>	\$4.75
<b>CAFÉ SIZE COOKIE</b>	\$2.75

## BEVERAGES

Mineral Waters ( <i>Plain or Lime</i> )	\$1.75
Juicy Juice	\$2.25
Soft Drinks:	\$1.75
<i>Coke, Diet Coke, 7-Up, Diet 7-Up</i>	
Martinelli's Apple Juice ( <i>Plain or Sparkle</i> )	\$2.15
Fresh Orange Juice	\$2.75
Peet's Blend Coffee	\$1.35
Hot Tea ( <i>Assorted Flavors</i> )	\$1.75
Ghirardelli Hot Cocoa	\$2.75
Peet's Blend Specialty Coffees:	
<i>Cappuccino</i>	\$2.75
<i>Espresso</i>	\$2.25
<i>Latte or Mocha</i>	\$3.00
Apricot Iced Tea	\$1.75
Arnold Palmer	\$2.25
Lemonade	\$2.25

2400 Sand Hill Road #650-854-5855